

1. Personal details:

Name: Dr Pragti Chhabra

Designation: Director Professor

Degrees: MBBS, MD (Preventive and Social Medicine)

Department: Community Medicine

Areas of interest: (max 3 bullets) Maternal and Child Health

Nutrition Non Communicable Diseases in Women



2. Education and Trainings: (in ascending order)

Degree	Institution	Place	Period
MBBS	Lady Hardinge Medical College	New Delhi	7.08.1981 to 31.12.1986
MD(Preventive and Social Medicine)	Maulana Azad Medical College	New Delhi	7.7.1989 to 30.06.1991

3. Experience: (in ascending order)

S. No	Post	Institute	Period From - To
1	Senior Resident	Maulana Azad Medical College, New Delhi	22.7. 1991 to 31.10.1994
2	Lecturer	University College of Medical Sciences	1.11.1994 to 31.10.1996
3	Lecturer in Senior scale	University College of Medical Sciences	1.11.1996 to 21.3.1998
4	Reader	University College of Medical Sciences	22.3.1998 to 29.4.2005
5	Professor	University College of Medical Sciences	30.4.05 to 29.12.2008
6	Director professor	University College of Medical Sciences	30.12.2008 to date

4. Assignments in Academic Associations

S. No	Nature of assignment	Association	Period From - To
	Honorary Chairperson of Maternal Infant and Young Child Nutrition Chapter	Indian Association of Preventive and Social Medicine (IAPSM)	2018 to present

	Fellow	Indian Public Health Association	2018

5. Awards and Honours

6. Projects

a. Ongoing

b. Completed

S. No	Title	Funding agency	Period From - To	Grant in Rs
1	Monitoring of Quality of Maternal Infant Young Child Nutrition Services by Medical Colleges In Partnership With IAPSM'	Alive and Thrive	2019- 2021	--
2	Maternal Near Miss in a tertiary hospital: Causes, Associated Factors and Outcome August 2012- July 2015	Indian Council of Medical Research	August 2012- July 2015	15 lacs
3	State Monitoring and Supervision Unit ICDS	National institute of Public Cooperation for Child Development	2009-2010, 2011-15	--
4	Coverage of Typhoid Vi Polysaccharide Vaccine in Urbanized Villages In East Delhi'	Government of NCT Delhi	2007	--
5	National Multi Centric Survey on 'Assessing burden of	World Health Organization	2003	--

	Rabies in India' by Association for Prevention and Control of Rabies in India			
6	An Impact Evaluation Study for the Awareness of School Activities among School Students, Teachers and Parents in Shahdara, North zone	Municipal Corporation of Delhi and United Nations Development Programme	2003-4	--
7	A Cohort study on Mother and Child in an Urban Resettlement Colony of Delhi	nil	1999-2001	--

7. Publications*:

a. Indexed journals

1. Vaish K, Patra S, Chhabra P Nutritional status among elderly: A community-based cross-sectional study. *Indian J Public Health* 2020;64(3):266-270
2. Chhabra P, Guleria K, Bhasin S K, Kumari K, Singh S, Lukhmana S. Severe maternal morbidity and maternal near miss in a tertiary hospital of Delhi. *Natl Med J India* 2019;32:5;270–6
3. Sharma AK, Saini S, Chhabra P, Chhabra SK, Ghosh C, Baliyan P. Air pollution and weather as the determinants of acute attacks of asthma: Spatiotemporal approach. *Indian J Public Health* 2020;64:124-9.
4. Dugg P, Chhabra P, Sharma AK. Contraceptive use and unmet need for family planning among HIV-positive women: A hospital-based study. *Indian J Public Health* 2020;64:32-8.
5. Vaish K, Patra S, Chhabra P. Functional disability among elderly: A community-based cross-sectional study. *J Family Med Prim Care* 2020;9:253-8.
6. Sahu M, Chhabra P, Gautam V. Knowledge and parity: Perspectives of usage of emergency contraceptive pills among women of a rural area of Delhi. *Niger Med J* 2019;60:117-21.
7. Das GK, Boriwal K, Chhabra P, Sahu PK, Kumar S, Kumar N. Presenile cataract and its risk factors: A case control study. *J Family Med Prim Care* 2019;8:2120-3
8. Somdatta P, Upadhyay M, Chhabra P. Awareness of cervical cancer and willingness to participate in screening program: Public health policy implications. *Journal of Cancer Research and Therapeutics*

9. Kumar R, Indrayan A, Chhabra P. Evaluation of quality of multivariable logistic regression in Indian medical journals using multilevel modeling approach. *Indian J Public Health* 2016, 60: 99-106
10. Lukhmana S, Bhasin SK, Chhabra P, Bhatia MS. Family caregivers' burden: A hospital based study in 2010 among cancer patients from Delhi. *Indian J Cancer* 2015;52:146-51.
11. Chhabra P. Maternal near miss: An indicator for maternal health and maternal care. *Indian J Community Med* 2014; 39:132-7.
12. Bej P, Chhabra P, Sharma AK, Guleria K. Determination of risk factors for pre-eclampsia and eclampsia in a tertiary hospital of India: A case control study. *J Fam Med Primary Care* 2013;2: 371-5.
13. Akhtar H, Maroof Khan A, Vaidhyanathan K, Chhabra P, Kannan AT Socio-demographic predictors of depression among the elderly patients attending out patient departments of a tertiary hospital in North India. *Int J Preventive Medicine* 2013; 4:
14. Chhabra SK, Chhabra P. Estimating Prevalence of chronic Obstructive pulmonary Disease: From Questionnaires to Spirometry. *Indian J Chest Dis Allied Sci* 2012;54:155-158
15. Kumar R, Indrayan A, Chhabra P. Reporting quality of multivariable logistic regression in selected Indian medical journals. *Journal of Postgraduate Medicine* 2012; 58: 123-126.
16. Singh S, Chhabra P, Sujoy R. Role of traditional birth attendants (TBAs) in provision of antenatal and perinatal care at home amongst the urban poor in Delhi, India. *Health Care for Women international* 2012; 33: 666-676
17. Chhabra P, Sharma G, Kannan AT Pattern of Maternal Health Care among Working Women in Delhi. *Indian J Maternal and Child Health* 2011; 13(4):1-9.
18. Chhabra P, Sharma G, Kannan AT. Chronic respiratory disease in an urban area of Delhi. *Indian J Community Medicine* 2008;33:229-232
19. Chhabra P, Guleria K, Saini NK, Kannan AT, Vaid NB. Pattern of severe maternal morbidity in a tertiary care hospital in Delhi, India. *Tropical Doctor* 2008; 38:201-204.
20. Chhabra P, Chhabra SK. Distribution and determinants of body mass Index of non-smoking adults in Delhi, India. *J Health Popul Nutr* 2007; 25:294-301.
21. Chaturvedi S, Chhabra P, Bhardwaj S, Smanla S, Kannan AT. Fetal sex determination in Delhi: a population- based investigation. *Tropical Doctor* 2007; 37: 98-100
22. Chhabra P, Nair P, Gupta A, Sandhir M, Kannan AT. Immunization in Urbanized Villages of Delhi. *Indian J Pediatr* 2007; 74: 131-134
23. Chhabra P, Sharma AK, Kannan AT. Obstetric and neonatal outcomes in women who live in an urban resettlement area of Delhi, India: A cohort study. *Journal of Obstetrics and Gynecology Research* 2006; 32: 567-573
24. Chhabra P, Grover VL, Agrawal K, Kannan AT. Nutritional status and blood pressure of medical students in Delhi. *Indian J Community Medicine* 2006; 31:248-251.
25. Bhasin SK, Aggarwal OP, Sharma AK, Chhabra P, Agrawal K, Rajoura OP. A new instrument (scale) for measuring the socioeconomic status of a family: Preliminary study. *Indian J Community Medicine* 2005; 30:111-114.

26. Chhabra P, Sharma AK, Grover VL, Aggarwal OP. Prevalence of Low Birth Weight and its determinants in an urban resettlement area of Delhi. *Asia Pacific J Public Health* 2004; 16:95-98.
27. Aggarwal K, Kannan AT, Chhabra P, Kumar P, Trikha VK. Knowledge, attitudes, beliefs and practices regarding measles in a rural area of Delhi. *J Comm Dis* 2002; 34:128-134.
28. Chhabra P, Grover VL, Agrawal K. Do our students have enough knowledge of Hepatitis B? A Delhi based study. *J Commun Dis* 2002; 34: 221-225
29. Rajoura OP, Bhasin SK, Chhabra P, Aggarwal OP. Pulse Polio Immunization in national Capital of Delhi: A process Evaluation. *Indian J Comm. Med* 2002; 27: 181-183.
30. Chhabra P, Grover V. Fertility patterns and its correlates in a rural area of Delhi. *J Family Welfare* 2001; 47:12-17
31. Chhabra P, Grover V, Aggarwal OP. Lactational amenorrhoea and it's determinants in an urban resettlement colony of Delhi. *Indian J Comm Med* 2000; 25: 108-111.
32. Aggarwal OP, Sharma AK, Chhabra P. Study in sexuality of medical college students in India. *J Adolesc Health* 2000; 26:226-9.
33. Chhabra SK, Rajpal S, Chhabra P, Gupta R. Ambient air- pollution and chronic respiratory morbidity in Delhi. *Archives Environ Hlth* 2001; 56:58-64.
34. Grover VL, Chhabra P, Kannan AT. Nutritional status of under-fives in an urban resettlement colony of Delhi. *Indian J Maternal and Child Health* 1999,10:61-62.
35. Chhabra SK. Gupta CK, Chhabra P. Risk factors for development of bronchial asthma in children in Delhi. *Ann Allergy Asthma Immunol* 1999; 83:1-6.
36. Chhabra SK, Gupta CK, Rajpal S, Chhabra P. Prevalence of bronchial asthma in schoolchildren in Delhi. *Asthma* 1998; 3: 291-296.
37. Kumar P, Pandit K, Chhabra P, Bhasin SK, Aggarwal OP. Process evaluation of pulse polio immunization 1997 in Delhi. *Indian J Paediatr* 1998; 65:608-612
38. Chhabra P, Grover VL, Aggarwal OP, Dubey KK. Breast-feeding patterns in an urban resettlement colony of Delhi. *Indian J Paediatr* 1998; 65: 867-872.
39. Chhabra P, Garg S, Mittal SK, Chhabra SK. Risk factors for acute respiratory infections in under-fives in a rural community. *Indian J MCH* 1997; 8: 13-17
40. Chhabra P, Garg S, Sharma N, Bansal RD. Health and nutritional status of boys aged 6 to 12 years in a children observation home. *Indian J Pub Health* 1997; 40: 126-129.
41. Chhabra P, Garg S, Mittal SK, Satyanarayan L, Mehra M, Sharma N. Magnitude of acute respiratory infections in under fives. *Indian Paediatr* 1993; 30: 1315-1319

b. Other journals

1. Thakur N, Chhabra P. Trends in abortion services and sociodemographic profile of women those availed abortion services at Parivar Seva clinics in India. *International Journal of Community Medicine and Public Health* 2021; 8(5):2272-78
2. Gohel K, Chhabra P, Madhu SV, Mody P, Pujari S. Prevalence and risk factors associated with gestational diabetes mellitus in urbanised villages of East Delhi. *International Journal of Community Medicine and Public Health* 2021;8(4):1650-55.

3. Ranganathan R, Maroof KA, Chhabra P. Antenatal care, care at birth, and breastfeeding during the coronavirus (COVID-19) pandemic. *Indian Journal of Community Health* 2020 32(1):17-20
4. Madan U, Chhabra P, Gupta G, Madan J. Menopausal symptoms and quality of life in women above 40 years in an urban resettlement colony of East Delhi. *Int J Med Sci Public Health* 2019;8(7):514-519.
5. Chhabra P, Saini N K, Singh M, Honnakamble RA, Sharma K. Determinants of place of birth in an urban resettlement colony of Delhi. *Int J Med Public Health* 2017;7: 122-27
6. Raghavendra AH, Singh M, Chhabra P, Sharma AK. Prevalence of hypertension and its determinants in an urbanized village of East Delhi. *Int J Community Med Public Health* 2017;4:1704-7.
7. Thakur N, Gupta A, Chhabra P, Dadhich Jai P. A study of determinants of infant feeding practices in a resettlement colony of Delhi, India. *Int J Community Med Public Health*. 2016; 3(12): 3357-3363 doi: 10.18203/2394-6040.ijcmph20164255
8. Raghavendra A H, Chhabra P, Sharma AK, Madhu SV. Prevalence of diabetes mellitus in an urbanized village of east Delhi. *National Journal of Community Medicine* 2016;7:302-306.
9. Neelima T, Chhabra P, Dadhich JP, Gupta A, Chandola V. To assess the prevalence and factors determining timely initiation of breastfeeding among the mothers in resettlement colony in Delhi. *Indian J Child Health* 2016; May 25
10. Bej P, Chhabra P, Sharma A K, Guleria K. Maternal and foetal outcomes of Preeclampsia and Eclampsia patients in a tertiary level hospital in Delhi. *Indian Journal of Community and Family Medicine* 2015; 1:87-91
11. Bej P, Chhabra P, Sharma AK, Guleria K. Role of nutrition in pre-eclampsia and eclampsia cases, a case control study. *Indian J Comm Health*. 2014;26, Suppl S2:233-236
12. Saini N K, Chhabra P, Sharma R, Saini R. Determinants of domestic violence amongst women attending an Integrated Counseling and Testing Centre of a secondary care hospital in India. *Indian Journal of Maternal and Child Health* 2015;17.
13. Gupta A, Chhabra P. Infant and Young Child Feeding Practices and its Determinants in an urbanized village of Delhi. *Int J Med Public Health* 2015;5:228-31
14. Upadhyay M, Chhabra P, Kannan A T, Gupta A. Coverage of Typhoid VI Polysaccharide Vaccine and Prevalence of Typhoid Fever in Children Aged 2 - 5 Yrs in Two Urbanized Villages of East Delhi. *International Journal of Contemporary Medicine*. July-December 2014, 2 ;2
15. Kumar R, Chhabra P. Cautions required during planning, analysis and reporting of multivariable logistic regression. *Current Medicine Research and Practice* 2014; 4: 31-39
16. Shalini S, Chhabra P, Gupta P, Guleria K. A comparative study of delivery practices among home deliveries in two urban resettlement colonies in Delhi with and without augmented RCH services. *Indian J Maternal and Child Health* 2012; 14 :1-8
17. Grover P, Chhabra P. Neonatal practices in urban villages. *Indian Medical Gazette* 2012;CXLVI :32-38
18. Chhabra P, Chhabra SK. Effect of smoking on Body Mass Index: a community based study. *National Journal of Community Medicine* 2011; 3:325-330

19. Gupta A, Chhabra P, Kannan AT, Sharma G. Determinants of utilization pattern of antenatal and delivery services in an urbanized village of East Delhi. *Indian J Prev Soc Med* 2010; 41:237-239
20. Saini NK, Chhabra P. Integrated disease Surveillance in India- a new initiative. *Journal of Postgraduate Medical education, training and Research* 2008; 3: 7-9.
21. Bhasin SK, Sharma AK, Chhabra P. Breast-feeding practices amongst mothers residing in a resettlement colony of east Delhi: a longitudinal study. *Indian Medical Gazette* 2004; 57: 420-423.
22. Grover VL, Chhabra P, Malik S, Kannan AT. Pattern of morbidity and mortality amongst underfives in an urban resettlement colony of East Delhi. *Indian J Prev and Soc Med* 2004; 35: 21-26.
23. Sharma AK, Chhabra P, Gupta P, Aggarwal OP, Lyngdoh T. Adolescent pregnancy: a cross sectional study. *Indian J Prev and Soc Med* 2003; 34:24-32.
24. Chhabra P, Aggarwal OP. Chronic respiratory morbidity amongst women in east Delhi. *The Indian Medical Gazette* 2001; 185: 36-40.
25. Chhabra P. Breast-feeding and Fertility: a Review. *Public Health Update* 1999; 13(3): 1-4.
26. Grover VL, Chhabra P, Aggarwal OP. Knowledge, attitude and practices of breast-feeding in a rural area of East Delhi. *Health and Population: Issues and perspectives*, 1997; 20:49-56.
27. Chhabra P, Kuba R. Determinants of contraceptive use in a rural area of Delhi. Complete paper published in *Proceeding of 1st Annual IAPSM Delhi Chapter Conference*, Nov 24, 1995
28. Chhabra P, Garg S, Mittal SK, Satyanarayan L, Mehra M. Beliefs and practices followed during acute respiratory infections in underfives in a rural area of Delhi - a community study. *Indian J Prev and Soc Med*.1992; 23: 108-113

c. Book chapters

1. Contributed a chapter on 'Maternal Health' in *IAPSM Textbook of Community Medicine*. Editor –in-chief AM Kadri, Jaypee Brothers Medical Publishers, New Delhi, 1st Edition:2019, 2nd Edition: 2021
2. Contributed a Unit on Occupational health for women and Children in *PG Diploma in Environment and Occupational Health* by Indira Gandhi National Open University 2018-19
3. Contributed chapters on Public Health in *Text Book of Health education, Public Relations and Public Health'* Text book for Class XII in Health Care Sciences, published by Central Board of Secondary Education. 2012
4. 'Health education, Public Relations and Public Health' *Practical Manual for Class XII in Health Care Sciences*, published by Cenral Board of Secondary Education. 2012
5. Contributed a chapter on 'Adolescence, substance abuse and STIs' in book titled 'A Textbook on HIV Infection And AIDS in Adolescents, Editors: MS Bhatia, Vijay Grover and Ravi Gupta.pp117-126

6. Contributed modules on “Environmental and Occupational Epidemiology” and “Women and Environmental and Occupational health” in PG diploma course on Environmental and Occupation Medicine by the AKN Sinha Institute of the Indian Medical Association
7. Contributed a chapter on ‘Risk factors management and screening’ for the distance-learning course on Geriatric Medicine by the Indira Gandhi National Open University, School of Health Sciences.
8. Contributed a chapter on Hepatitis in the book titled "Essential Preventive Medicine: Clinical and Applied Orientation", Editors: O P Ghai and Piyush Gupta. 1st Edition

d. Books

e. Others